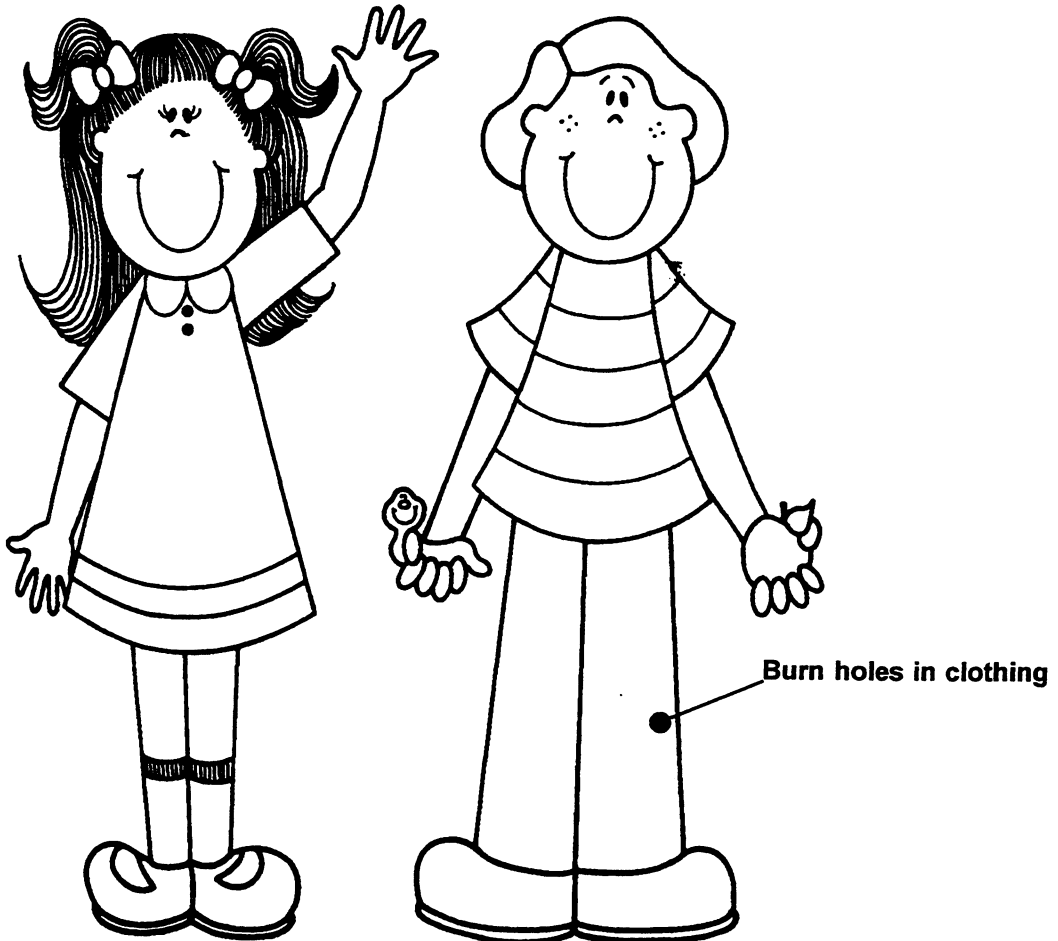




## ANATOMY OF A SMOKER

Draw and label what would happen if Jen and Joe used tobacco.

Make sure to include: yellow teeth, stinky breath, early wrinkles, yellow stains on fingers, burn holes in clothing, stinky hair, stinky clothes, and any others you can think of!



# RESPIRATORY ALERT!!!

Smoking can cause lung cancer, emphysema, bronchitis, and other respiratory infections.

Label the parts of the respiratory system as you follow a molecule of air from the nasal cavity all the way to the alveoli.

Cigarette smoking can damage all these parts.

**Nasal Cavity** - Where air first enters the body, through the nose.

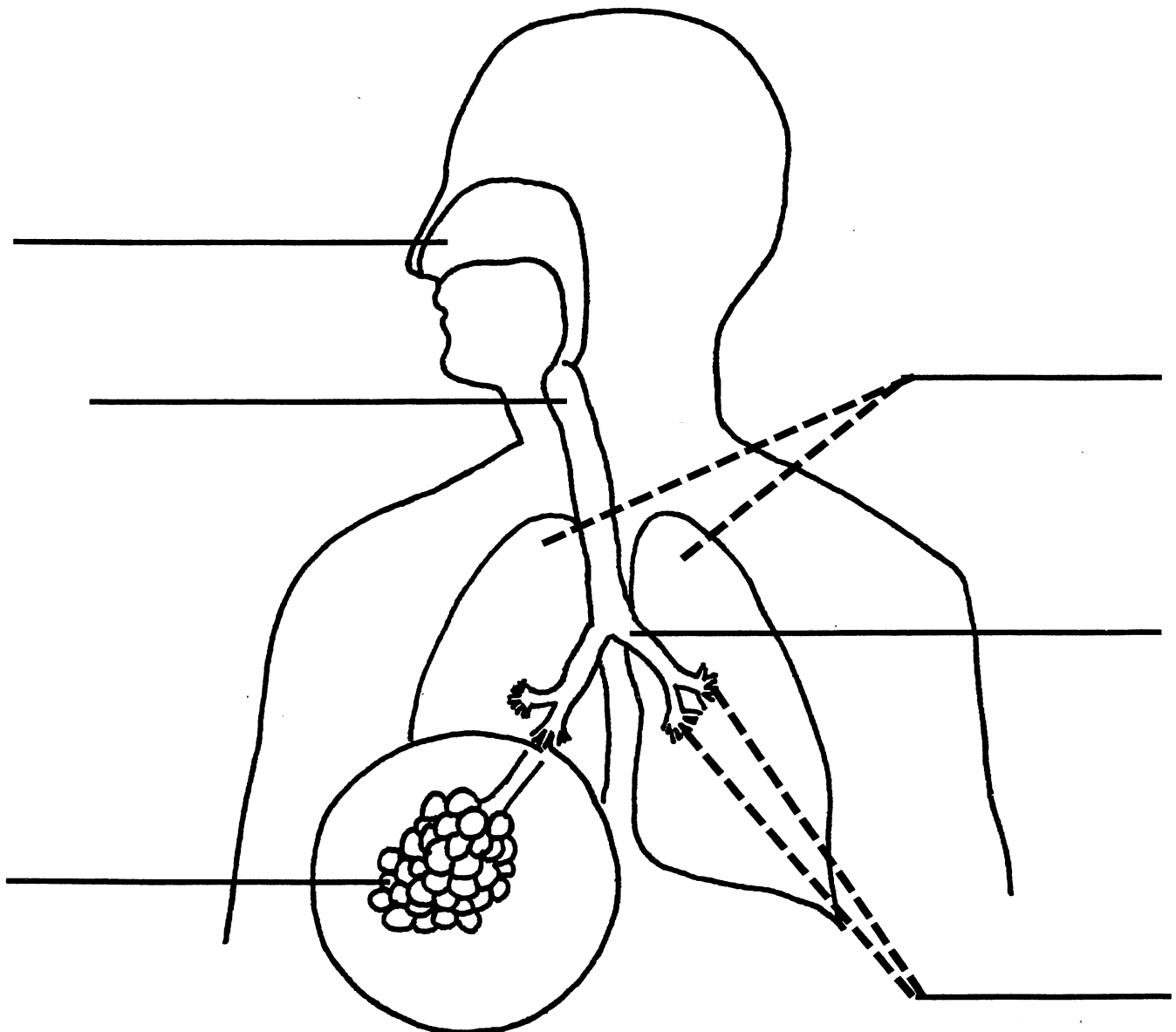
**Trachea** - Air continues down this tube, and into the bronchi.

**Lungs** - Smoking can damage these, turning them black.

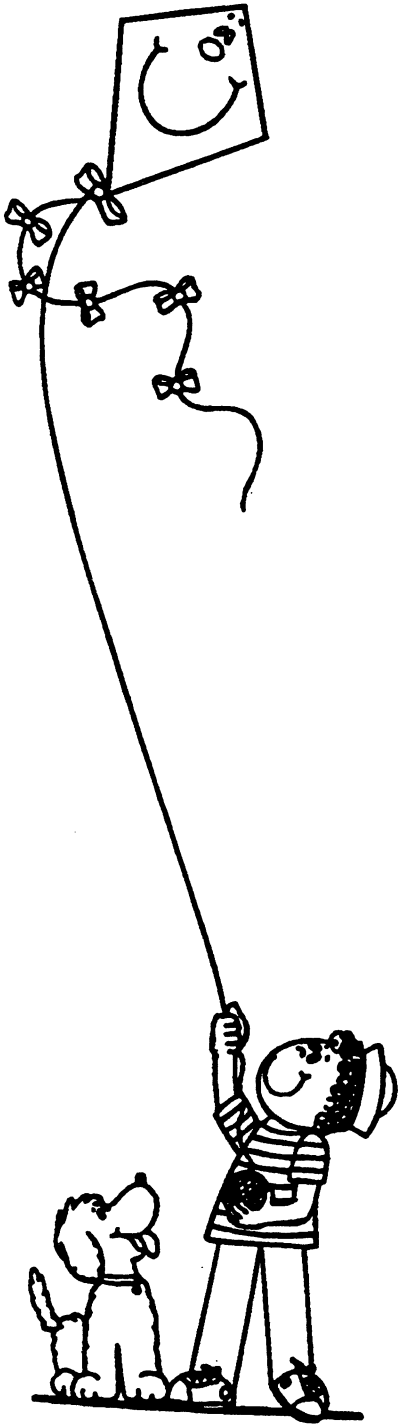
**Bronchi** - Branches off the trachea, leading into the lungs.

**Bronchioles** - Small branches off the bronchi. These lead into the alveoli.

**Alveoli** - The smallest part of the lungs, where oxygen is sent to the rest of the body.



**Draw a picture of something fun you can do instead  
of using chewing tobacco.  
The possibilities are endless...**



# "I'm Too Smart To Start!"

Make a Top 10 list of reasons why you don't want to use tobacco.

Do Not Use the one's listed. Make up your own!

*Smoking is a  
dirty habit!*

*Smoker's breath is gross!*

1.

2.

3.

4.

5.

*Smoking is like  
throwing money  
away!*

*Cigarettes taste  
awful!*

6.

7.

8.

*Yellow teeth are ugly!*

9.

10.

*I don't want to  
get cancer!*

*I'm too cool to smoke!*

*Once you start, it's hard to stop!*